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{ SEXY IN THE CITY }

I Love Me Some Butta!



A true fashionista's work begins long before they choose the fancy clothes & accessories or have to stay up-to-date on the latest fashions. It is a tireless daily ritual. Primping, fussing and plucking are a necessary part of the girly upkeep. As much as we complain about this routine...we secretly love it. It's what makes us girly!

Well, if you're like most girly girls, it takes you an hour & change to get yourself beautified. Don't feel bad, that's the average. There is a lot to get done in this precious hour:

- Shower/shave your legs
- Moisturize face & body
- Dry/style your hair
- Perfect make-up
- Get dressed for success

To stay looking & feeling healthy, one of the most important parts of this hour long, primping process is step 2: moisturizing. Yes, Ladies! It keeps our skin balanced, smooth, supple & young. Especially when you're using the right stuff!

One of my faves is body butter by Lovefresh body goodies. This creation from the heavens is packed with Aloe Vera, Chamomile, White Willow Bark & Calendula. It's also paraben & petroleum free and comes in an array of yummy scents. This thick, rich formula leaves your skin feeling as smooth as butta...and I love me some butta!